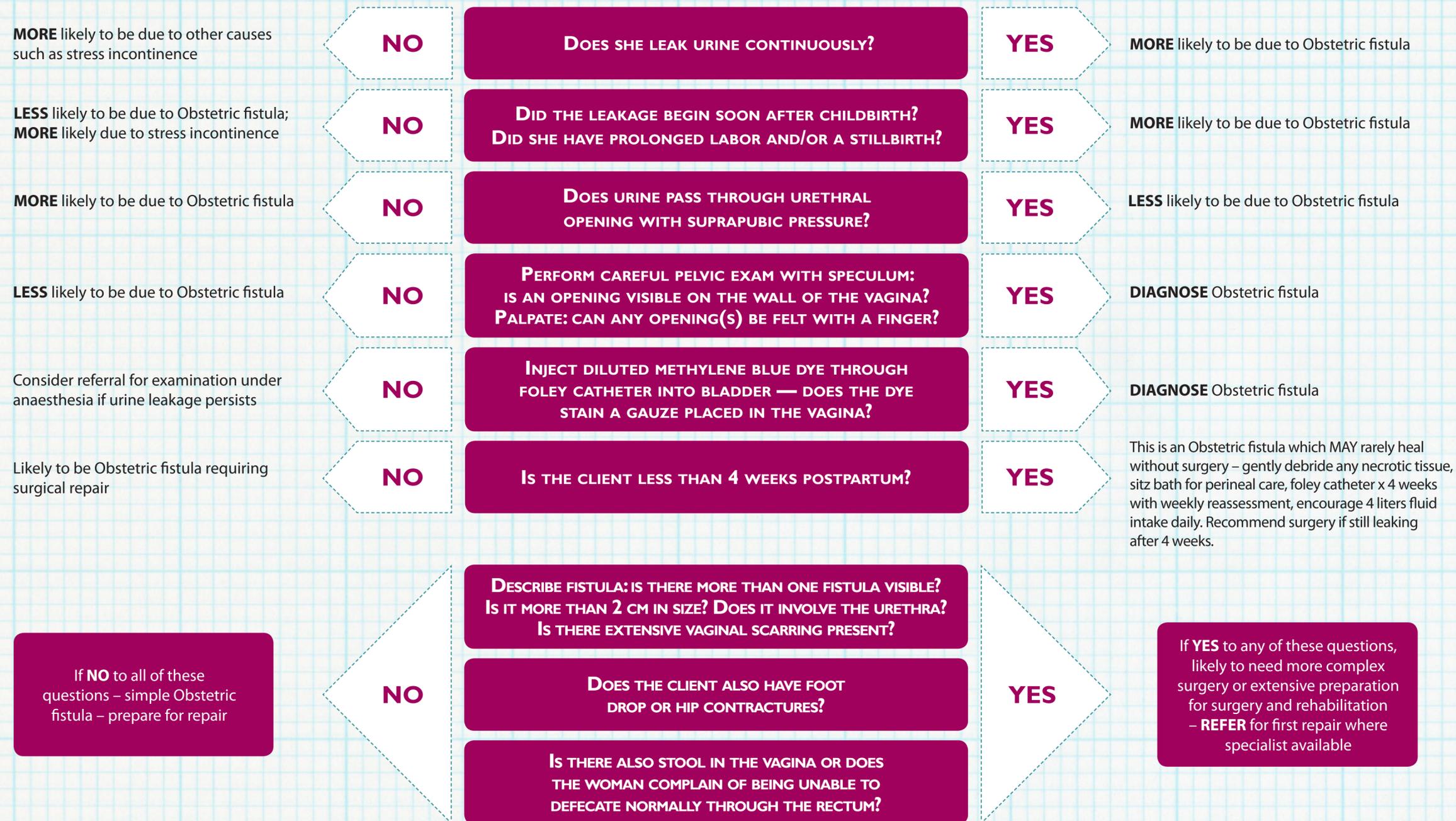


# JOB AID: DIAGNOSIS OF OBSTETRIC FISTULA

Woman presenting with leakage of urine at primary health center



## Preparing for Obstetric Fistula Repair:

**NUTRITION**  
High protein diet, iron/folate supplements

**LAB SCREENING**  
Blood type and Hgb, urine microscopy, stool for parasites

**TREATMENT**  
Treat infection if necessary

**HEALTH AND HYGIENE**  
Perineal care 2x day, encourage fluid intake of at least 4 liters water per day, discuss family planning needs

**COUNSELING**  
Will need catheter for at least 2 weeks after surgery, family planning, HIV and hygiene counseling. Inform clients to refrain from penetrative sexual relations for 3 months, and that even after surgery, some women may be wet. Emphasize importance of early antenatal care, skilled attendance and the potential of C/S delivery for any future pregnancies.

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