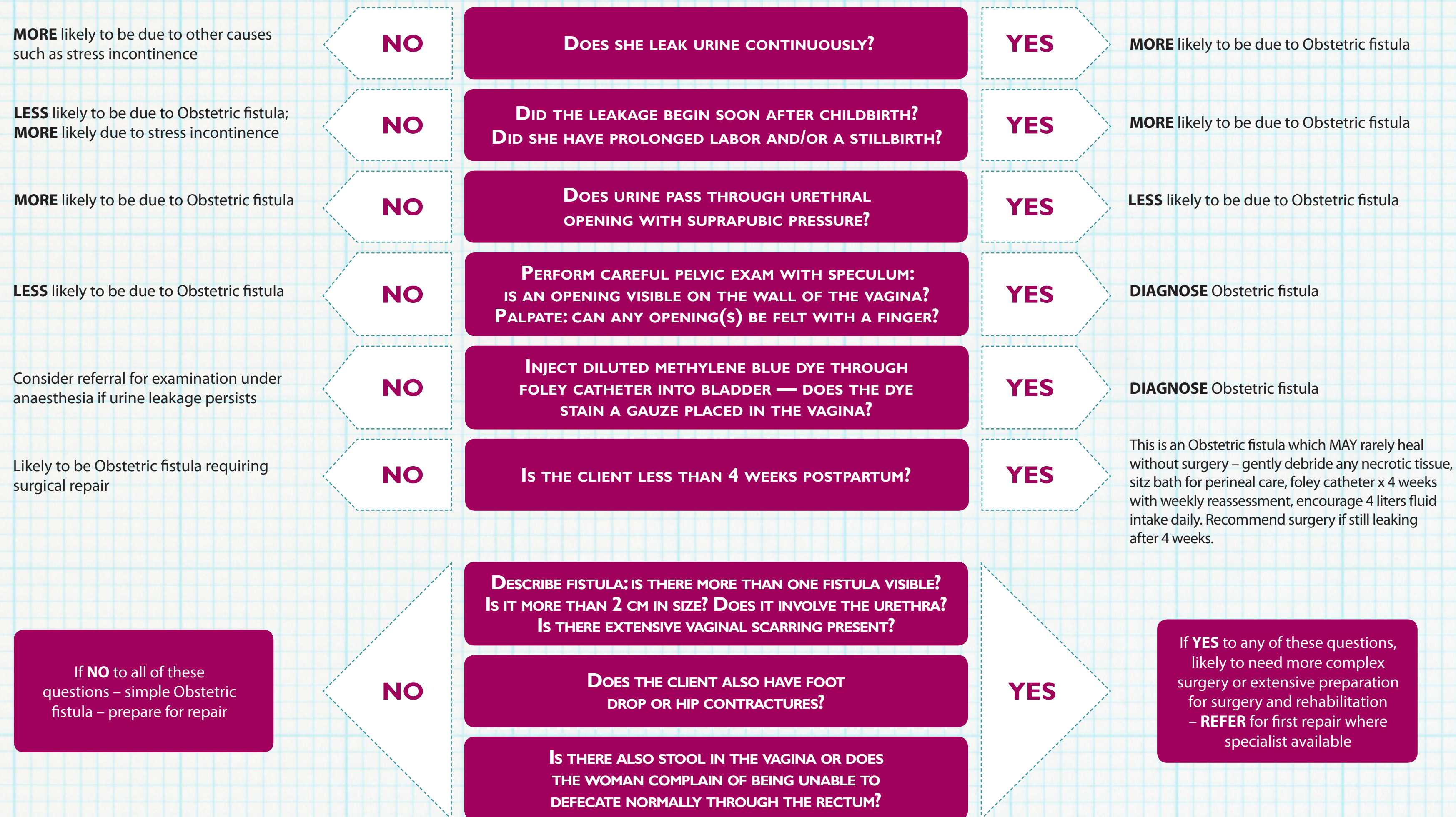


JOB AID: DIAGNOSIS OF OBSTETRIC FISTULA

Woman presenting with leakage of urine at primary health center



Preparing for Obstetric Fistula Repair:

NUTRITION
High protein diet, iron/folate supplements

LAB SCREENING
Blood type and Hgb, urine microscopy, stool for parasites

TREATMENT
Treat infection if necessary

HEALTH AND HYGIENE
Perineal care 2x day, encourage fluid intake of at least 4 liters water per day, discuss family planning needs

COUNSELING
Will need catheter for at least 2 weeks after surgery, family planning, HIV and hygiene counseling. Inform clients to refrain from penetrative sexual relations for 3 months, and that even after surgery, some women may be wet. Emphasize importance of early antenatal care, skilled attendance and the potential of C/S delivery for any future pregnancies.

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