

Towards a Fistula-Free Future:

15 Years of Breakthroughs
and Program Impact

March 8, 2021

9AM EST • 2PM GMT



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EngenderHealth
for a better life



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Oladosu Ojengbede



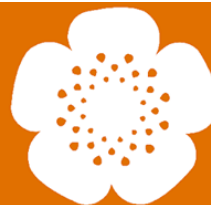
Vandana Tripathi



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EngenderHealth's History Working in Obstetric Fistula



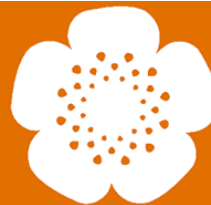
Years	EngenderHealth's History with Obstetric Fistula
2002	Obstetric Fistula Needs Assessment Report: Findings from Nine African Countries, with UNFPA
2002-2007	Research on Fistula in Tanzania and Uganda, with Women's Dignity Project, funded by DFID
2003-2007	Establish fistula prevention and treatment services in four countries with WDP & UNFPA, funded by the Gates Foundation
2004-2005	Establish fistula treatment and prevention services in 2 countries, USAID/ACQUIRE and USAID/AWARE
2005-2007	Expand fistula services to 11 countries and 2 regional programs, USAID/ACQUIRE
2007-2013	Establish and/or strengthen fistula prevention, repair and reintegration in at least 12 institutions in Sub-Saharan Africa and South Asia, USAID/Fistula Care
2013-2021	Fistula Prevention and Repair Project, USAID/Fistula Care <i>Plus</i>



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Preventing Fistula Incidence and Recurrence



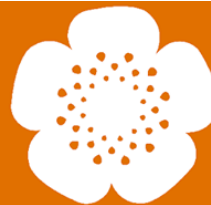
- > Integration of family planning and contraceptive counseling
 - 1,850,232 counseling sessions held and 994,777 CYP
- > Improvements in access to skilled birth attendance and EMOC
 - Strengthening partograph use
 - Studies on c-section indications and trends in low-resource settings
- > Advocating for improved use of catheterization for prevention of fistula
- > Assessment of associations between self-reported fistula symptoms and GBV
- > 1,125 facilities supported for prevention-only services
- > More than 64,000,000 individuals reached through in-person outreach and mass media
- > Development of tools, job aids, and curricula to support prevention



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Expanding Access to Treatment



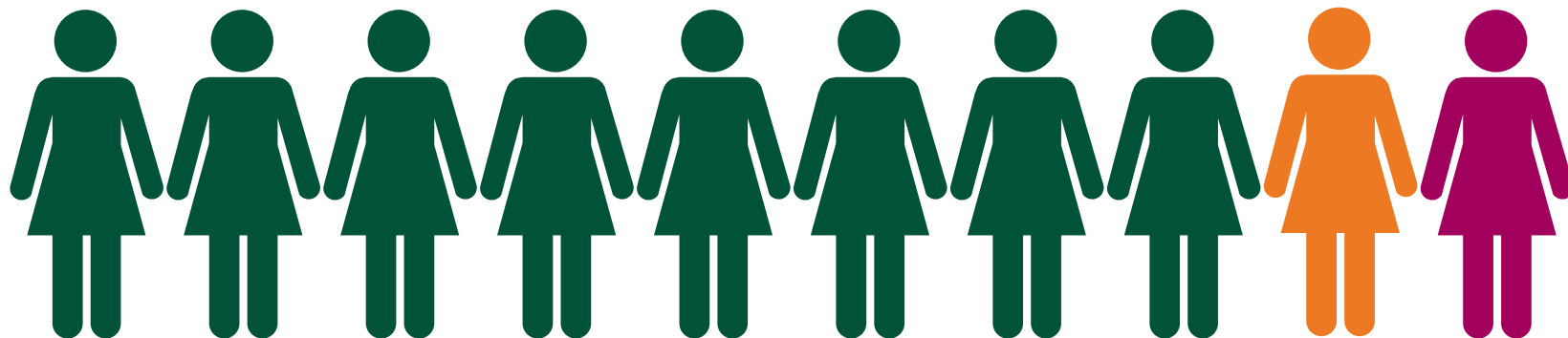
- > Increased capacity for fistula care
 - 394 surgeons trained
 - 32,127 health clinicians trained in prevention and treatment-related topics
 - 83 facilities supported for prevention and treatment in 15 countries
- > More than 57,500 fistula repairs supported by USAID
 - EngenderHealth supported 45,241 surgical and non-surgical repairs
 - USAID bilaterals supported 12,408 surgical and non-surgical repairs
- > Strengthened evidence base
 - Shorter duration catheterization post-repair leading to WHO guidance
 - Addressing barriers to treatment



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Outcomes for Surgical Fistula Repairs



Closed &
continent (77%)



Closed &
incontinent (10%)



Not closed
(13%)



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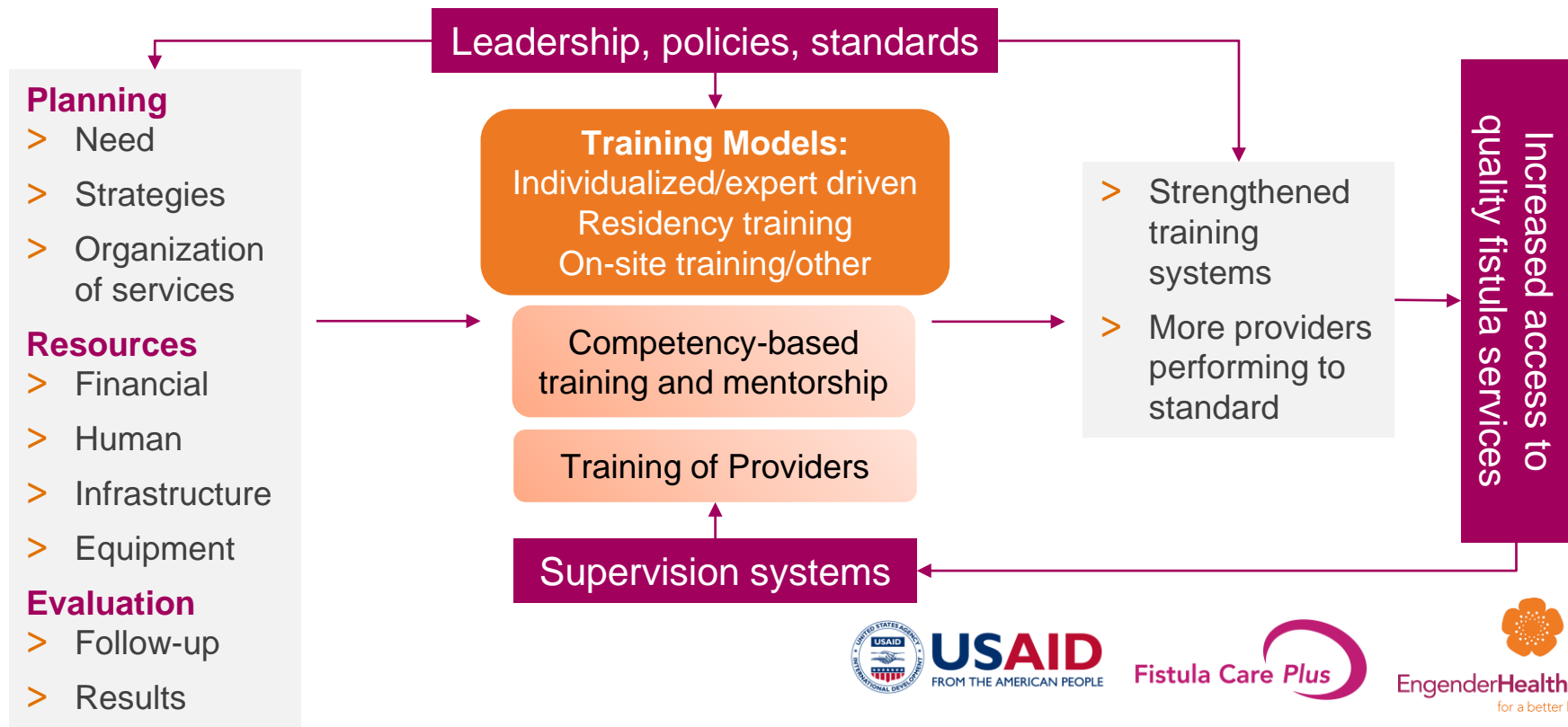
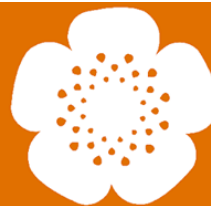
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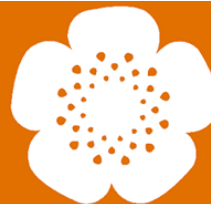
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Capacity Building for Obstetric Fistula



Training Resources to Support Fistula Services



Global Competency-Based Fistula Surgery Training Manual

- > https://www.figo.org/sites/default/files/2020-05/FIGO_Global_Competency-Based_Fistula_Surgery_Training_Manual_0.pdf

The Prevention and Management of Obstetric Fistula: A Curriculum for Nurses and Midwives

- > <https://fistulacare.org/archive/files/3/3.1/Prevention-Management-Nursing-Curriculum-English.pdf>

Guidelines on Urethral Catheterization for Prevention and Management of Obstetric Fistula in Nigeria

- > <https://fistulacare.org/blog/2017/02/nigeria-launches-guidelines/>

Counseling the obstetric fistula client

- > <https://fistulacare.org/archive/files/3/3.1/counseling-curriculum-english.pdf>
- > <https://fistulacare.org/archive/files/3/3.1/TraumaticFistulaCare.pdf>

Implementing Physical Rehabilitation Services into Comprehensive Fistula and Maternity Care: A Training Guide for Health Workers

- > <https://www.themamas.world/training-guide>

Safe Surgery Toolkit

- > <https://fistulacare.org/surgical-safety-toolkit/>



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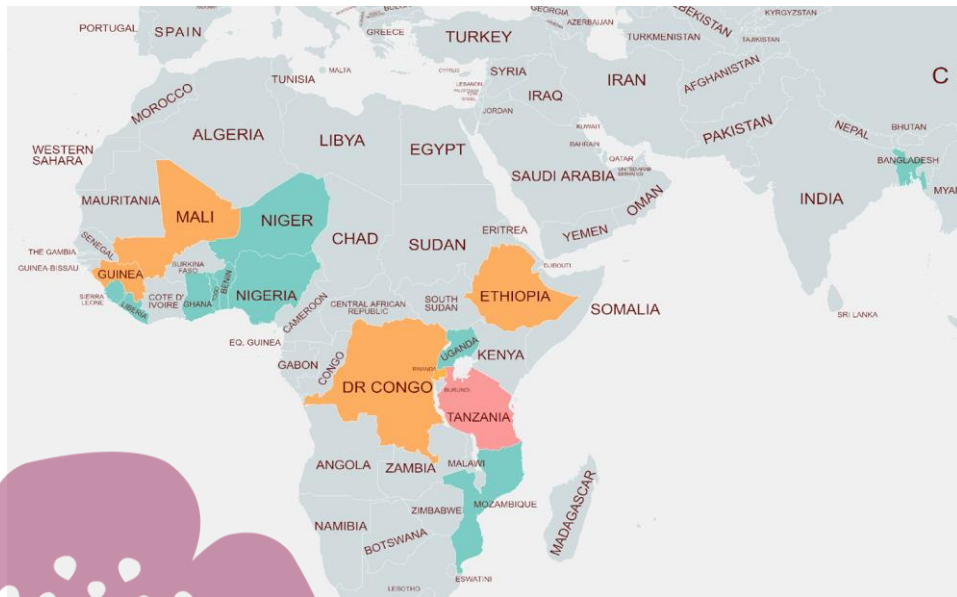
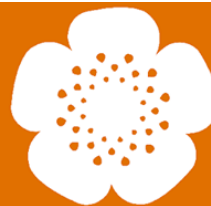
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Partnership for Impact



Bangladesh

Benin

DR Congo*

Ethiopia*

Ghana

Guinea*

Liberia

Mali*

Mozambique

Niger

Nigeria

Rwanda*

Sierra Leone

Tanzania*

Togo

Uganda

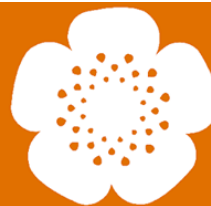
* Indicates bilateral funding



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Partnership for Impact



Award Partners

- > Population Council
- > Direct Relief International
- > Maternal Health Task Force

Additional Partners

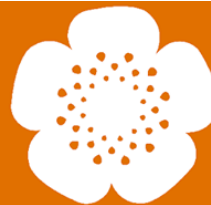
- > Global standard setting institutions (WHO, FIGO, IUGA, ICS)
- > Global fistula actors (UNFPA, ISOFS)
- > Regional professional associations and fistula advocacy groups (ECSACOG, WACS)
- > Complementary USAID initiatives (Bilaterals, MNCSP)
- > Maternal health actors



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Partnership for Impact



Research Partners

- > Population Council
- > WHO
- > London School of Hygiene and Tropical Medicine
- > UCSF/Terrebonne
- > Harvard Program in Global Surgery and Social Change

Public Private Partnerships

- > Laborie – urodynamics unit, supplies (DRC), workshops, and surgeon training
- > Gradian – non-profit sales of universal anesthesia machines (Nigeria and Uganda), training, and support
- > Bioteque – pessary procurement in DRC



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Selected Lessons and Trends



- > Shift to routine care
- > Increasing use of standardized tools and approaches to address the fistula continuum of care
- > Advancing non-surgical care: Guidelines on Urethral Catheterization for Prevention and Management of Obstetric Fistula
- > A shared language: A Consensus-based Terminology Report for Female Pelvic Floor Fistula
- > Improved and shared national level documentation and measurement
 - Standardized client registers
 - HMIS improvements



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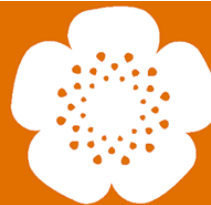
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Holistic Care



Implementing Physical Rehabilitation Services
into Comprehensive Fistula
and Maternity Care:

A Training Guide for Health Care Workers



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A Prevention Mindset



Cesarean Section Safety and Quality in Low-Resource Settings: Report of a Technical Consultation

July 27–28, 2017



Maternal Health Task Force



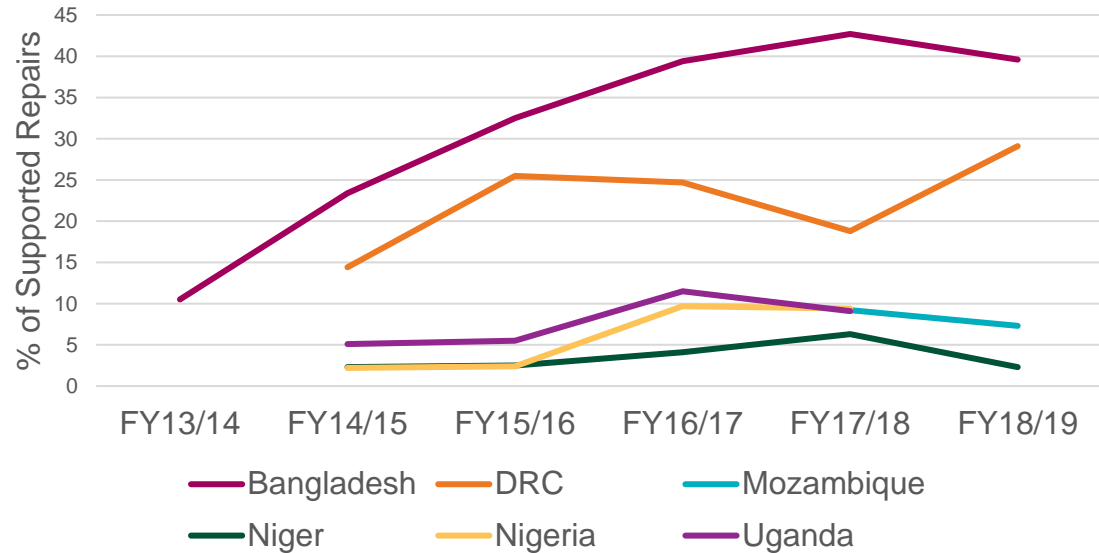
WOMEN'S HEALTH INITIATIVE



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Project-Supported Fistula Repairs



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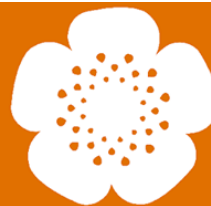
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National Strategic Framework for Fistula in Nigeria: 2019-2023



Goals

- > 30% reduction in incidence
- > 30% reduction in prevalence
- > 30% of women treated will receive rehabilitation care

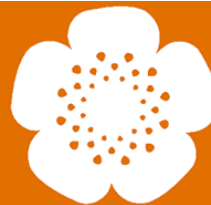
Priority	Amount (in 000 NGN)
Prevention	9,453,583
Treatment	3,982,755
Rehabilitation	2,974,063
Communication	470,860
Research	1,114,316
Leadership & Governance	128,944
Monitoring & Evaluation	257,116
Grand Total	18,381,637



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Impact of National Strategies



- > FMOH and States budget line item established
- > Increased access to emergency obstetric care to prevent fistula
- > Expansion to 19 fistula centers nationwide in the public sector and dedication of three national centers
- > Pooled effort campaigns to expand services and training
- > Provision of resources and skills acquisition training for women post-surgery

Between 2014 and 2017:

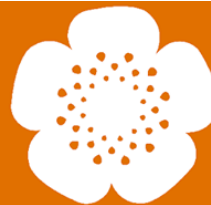
- > More than 8,000 surgeries were performed
- > More than 1,100 women benefited from resources and skills acquisition training



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Nigeria's Vision



- > To become a country free of obstetric fistula
- > Challenges that remain:
 - With 150,000 prevalent cases, it will take 83 years to clear the backlog unless we urgently accelerate the rate of repair
 - Fragmentation across states and partners with limited buy-in
 - No national database for obstetric fistula
 - The cost of treatment in some state teaching hospitals or faith-based hospitals is unaffordable for many patients
 - Addressing the challenge of iatrogenic fistula



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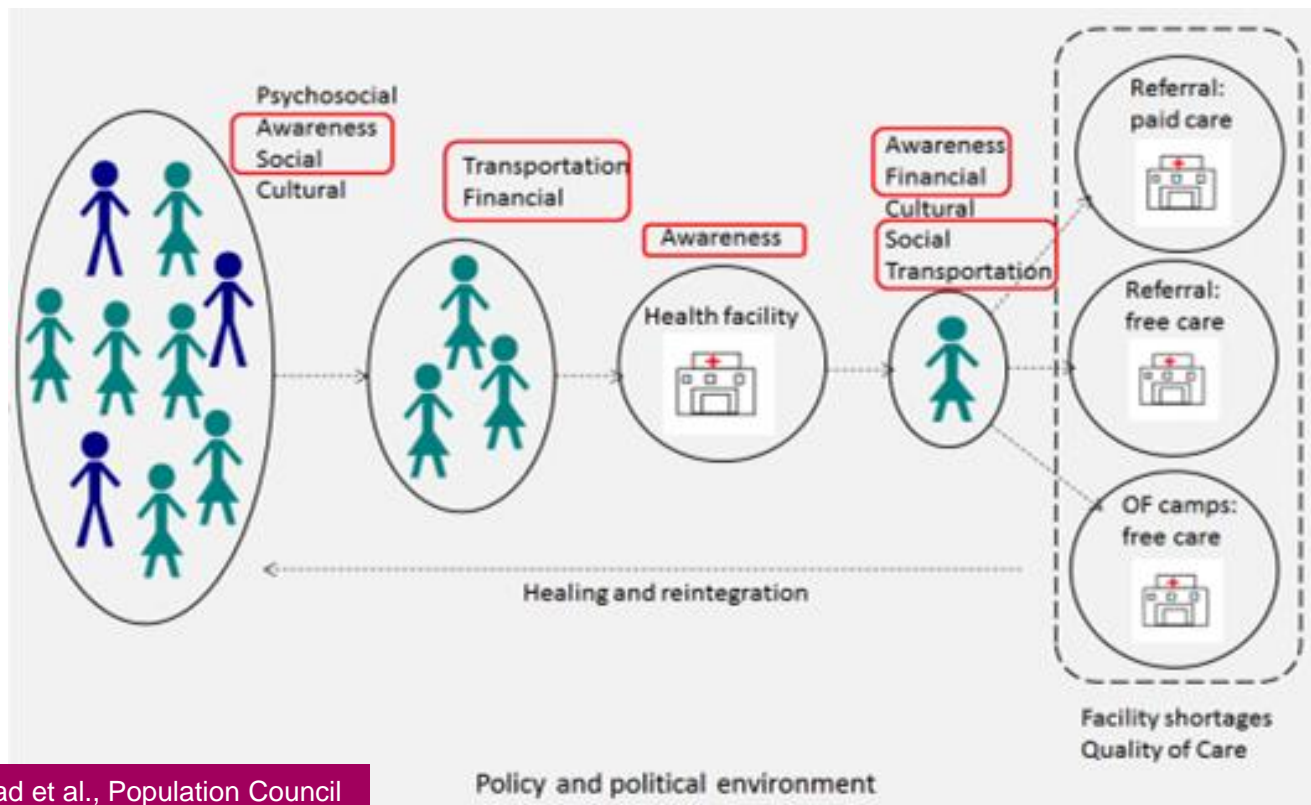
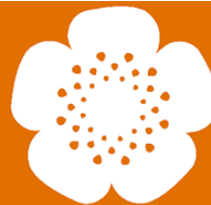
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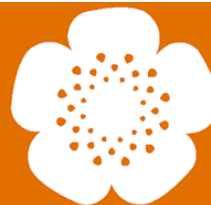


Barriers Along the Fistula Care Pathway



Source: Sripad et al., Population Council

Community-Based Solutions



Fistula related symptom recording form

House Hold # :

Name : Care of :

Relation : Para :

Village : Upazilla : District :

National Id no : Mobile No :

Please circle responses as appropriate

1	Does she experience leaking of urine or feces or both through birth canal all the time during day and night even when she is not trying to urinate or defecate?	Yes/ No
2	If yes to question #1, did this leaking start after she delivered a baby or had a still birth?	Yes/ No
3	If yes to question #1, did this leaking start after any operation in the lower abdomen (C-section, Hysterectomy, Laparoscopic surgery etc.)?	Yes/ No
4	Did she ever experience a delivery which resulted in a tear of the vagina extending up to the anus?	Yes/ No

** If the answers to questions # 1 then refer the patient for examination to see she has genital fistula.

** If the answer to question # 4 is 'yes' then refer the patient to check if she has complete perineal tear.

Where she is referred to :

Signature of SS/SK : Designation : Date :

GET FREE FISTULA CARE

WITH THE **FREE FISTULA SCREENING HOTLINE** **0813 986 1008** **Just FLASH the number**

FREE TRANSPORTATION

Stay healthy. Make a call today.
FREE TRANSPORTATION - FREE DIAGNOSIS
FREE FISTULA TREATMENT

USAID **Fistula Care Plus** **EngenderHealth**

EngenderHealth, 15, 16, 17th Floors, 42-44, Old Oshodi Market, Lagos, 101 001 Lagos, Nigeria. Tel: +234 (0) 1 261 1000-01

Fistula Free Transport Voucher

Date:

1A256B

Issuer's signature:

Fistula Free Transport Voucher

Date:

1A256B

Issuer's signature:

To the client: this voucher can be used by only an identified fistula client. The Voucher offers you free transportation to and fro the National Obstetric Fistula Centre, Abuja.

To the Driver: This Voucher will indemnify the voucher provider if it has been accepted as payment for transporting a fistula client to the National Obstetric Fistula Centre, Abuja. Offer is limited to 1 voucher per client & accompanying relative per transaction. Please submit all vouchers to secretary of your transport service at the NIFHC state office within 1 week of transaction.

SMS EngenderHealth on: 0703 306 1923

USAID **Fistula Care Plus** **EngenderHealth**

15-16-17th Floors, 42-44, Old Oshodi Market, Lagos, 101 001 Lagos, Nigeria. Tel: +234 (0) 1 261 1000-01



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Q&A



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Traci L. Baird EngenderHealth





Erin Mielke USAID





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