



*Nursing & Midwifery
Council of Nigeria*

Promoting & Maintaining Excellence in Nursing Education & Practice

**MIDWIFERY MANAGED
URETHRAL
CATHETERIZATION FOR
THE PREVENTION &
CONSERVATIVE
MANAGEMENT OF
OBSTETRIC FISTULA IN
NIGERIA**



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Nigerian Snapshot

Population

140,000,000 ++++ (& 2006 Population Housing Census)

TFR 5.6

MMR 576/100,000 (DHS 2013)

Per capita income



Nigerian Snapshot

Magnitude of the Problem of Fistula

40% of the Global burden Obstetric
Fistula:

- **Prevalence** - About **150,000** existing cases
- **Incidence** - About **12,000** new cases/year
- **Repair capacity** - About **6,000** surgical repairs / year





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Promoting & Maintaining Excellence in Nursing Education & Practice

Primary objective: est 1979

1. To ensure high quality of Nursing and Midwifery education in Nigeria.
2. To maintain high standard of professional nursing and midwifery practice and enforce discipline within the profession.

Regulates

Number of Nurses 173,423

Number of Midwives 114,466

Number of Schools of Nursing
and Midwifery Accredited:

SON 85

SOM Basic 34/Post Basic 45

Community Midwifery 5

NMCN & FMOH Guideline Development



- Participation in ALL steps leading to formulation of the FMOH guidelines ie consensus meetings, document review
- Initial phase input of ICM Regional West- Africa Advisor
- Practicing the art of being present, constant and consistent



Academics in place now what next?.....Bridging the Theory to Practice Gap for P/OL & Fistula Care

- Analysis of Nigerian Nursing Curriculum showed absence of Fistula Content in the approved curriculum in RN, RM and Post-Basic RM



NMCN & FMOH Urethral Catheterization Guidelines Implementation- Leading the Way

1. Participatory pillar workshop to develop dissemination guidelines specifically for N&M
2. Pre service package to educate N&M integrated directly into curriculum
3. Participation in National Level Fistula TWG
4. Update TOT course for educators and lecturers, on this new component of the curriculum – Sept 2017



*NMCN Engender Health Fistula Care Plus
Fistula Expert Working Group
Kaduna, Northern Nigeria
June 2017*

Lessons Learned & Learning

- Be part of the process from the beginning
- Develop implementation strategies that are both donor driven, & contain long term sustainable strategies to be adopted for ownership by countries.
- Prevention is best achieved when Nurses and Midwives are in the fore front of development and implementation.
- Move briskly when called upon



Conclusion

The N&M Council is committed to the national strategic goal of ensuring that obstetric fistula is prevented and ultimately eradicated from Nigeria and will work with all stakeholders to ensure this goal is realized.

Thank You

